

Hazel started swimming lessons a week ago and it's been a struggle. She has a genuine fear of getting her eyes wet in the tub so you can only imagine what putting her head under water in class is like.

Every morning is a struggle for Aline to get her to go.

And then she splashes and enjoys her time there. Very frustrating. It has been getting better though. On Monday she put her head in the water eight times and she did it three more times yesterday so some small progress is being made.