

A pleasant cheap eat restaurant is Persian Cuisine Express located at 340 Laurier Ave W at Bank. Large portions, tender meat, pleasant service and a nice price.

Aline and I tried the Dolmeh - Stuffed grape leaves with tomato, rice, parsley and lemon juice and as appetizers. I tried the lamb shank and she tried the *** for our entrees. There was plenty leftover to take home. Aline also tried the doogh (a mixture of water, yogurt and mint)